

Healthy Solon 5K Run / 1.5 Mile Walk

Saturday, September 24, 2011

Place

Race starts and ends at the Solon Community Center, 35000 Portz Parkway, Solon, Ohio, 44139. Parking is available at the same location.

Time

7:30 a.m. – Registration

8:30 a.m. – 5K Run begins

8:45 a.m. – 1.5 Mile Walk begins

Awards

Top overall male and female finishers and top three finishers in each of the age groups: 15 and under; 16-22; 23-30; 31-40; 41-50; 51-60; 61+.

Proceeds to benefit Healthy Solon programming.



T-shirts are guaranteed for the first 200 participants.

Fee

Registration fee through September 23: \$10.00

Same day registration fee: \$15.00

Online: www.champracing.org (credit card only)

Mail: Send registration form and fee (check or cash only) to
Cleveland Clinic Beachwood Family
Health and Surgery Center
Attn: Donna Cook
26900 Cedar Road , Beachwood, Ohio 44122

Drop Off (check or cash only): Solon Community Center

Race Day: Checks or cash only.

All checks should be made out to: Cleveland Clinic

**Children must have adult supervision at all times.*

Name _____

Address _____

City State Zip _____

Home Phone _____

E-mail Address _____

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Cleveland Clinic Foundation, Champ Racing, City of Solon, their representatives, successors, and assigns for any and all injuries suffered by me in said event or in transit to and from said event. I further attest that I am physically fit and have sufficiently prepared for this event. I will additionally permit the use of my name and/or pictures in the Cleveland Clinic's publications.

Signature _____

M F Age on day of race _____

5K Run 1.5 Mile Walk

T-shirt size: S M L XL XXL

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